

WELSH HOUSE FARM COMMUNITY SCHOOL

“Inspired to grow and flourish”



Sports Premium (PE) 2020-2021 Report

The PE and Sports Grant allocation for 2020-2021 is based upon **178** eligible pupils. The purpose of the grant is to fund improvements to the provision of PE and Sport, for the benefit of primary-aged pupils, in the 2020-2021 academic year.

Grant offsets part of the cost incurred to provide high quality sports and PE provision

1	To build capacity and capability within the school that ensures sustainability for future years. To ensure the premium is used to maximum effect throughout all key stages.	
		<u>£17,808</u>
	Total Expenditure	

The impact of our funding will be considered in tern of -

1. **Engagement of all pupils in regular physical activity**
2. **Profile of PE and Sport is raised across the school as a tool for whole-school improvement**
3. **Increased confidence, knowledge and skills of all staff in teaching PE and Sport**
4. **Broader experience of a range of sports and activities offered to all pupils**
5. **Increased participation in competitive sport**

Introduction

At Welsh House Farm Community School, PE and Sport has always been a significant part of a child's day but due to COVID; PE and sport, health and well-being has never been so important to a child's day. This year's sport premium has been spent on ensuring that the children have the support, guidance and opportunities to overcome such a challenging year. Whether that be learning in school or at home, creating opportunities and events to inspire them to dream and to look forward to the future and/or inspiring them to grow and flourish in every opportunity available.

Engagement of all pupils in regular physical activity

Engagement of all pupils in PE this year been has been maintained throughout the pandemic both online and in school. During the early part of the year, lessons were delivered to all pupils online through Microsoft TEAMS and recorded videos, which all children could access. This ensured that children could access PE lessons and challenges at all times. Upon returning to school, all pupils from Nursery to Year 6 (including our Resource Base) received a PE lesson every week from the PE lead. Having a consistent PE Lead delivering PE has enabled children to develop their PE knowledge, which is clear to see from Nursery to Year 6. Creating a positive sporting ethos throughout the school, which is clear to see in active classrooms, lunchtimes and break times.

Targeted timetabled lessons were a main feature of this year's plan to ensure that children returning to school had a support structure in place to inspire and encourage them in all areas of PE and physical activity. Data from the report log highlighted particular students who were not part of an after school club, and did not join in with break and lunchtime activities or those with low attendance in these clubs. Timetabled lessons were put in place throughout the week to help and support these students, and to encourage them to experience playing sport in smaller groups. These sessions were broken up into active and discussion sessions, where discussions took place around the barriers they see in sport and how together we can break them down and enable them to enjoy PE and Sport. This resulted in 18/18 being part of a morning, lunchtime or afterschool club.

Less Active children					
Start of year			End of year		
Number of children	How many in clubs	Percentage	Number of children	How many in clubs	Percentage
18	4	22%	18	18	100%

Due to COVID, many children returned to school low on confidence in all areas of school life but some especially in PE with a variety of different reasons for this. These children expressed feelings of nervousness, anxiety and becoming stressed at returning to PE and sport after not experiencing it regularly in the previous year. The PE lead scheduled separate timetabled activities for confidence building exercises and improving confidence in all area in PE, this was up to and including activities for sports day showing the real effect COVID has had on children's confidence.

Embedding a healthy lifestyle within a children's day and improving a child's knowledge around healthy food was a priority upon the children returning to school. A focus group was chosen with children from the year 5 and 6 bubble taking part in a healthy eating programme which taught the children on a variety of different topics such as nutrition, healthy meals and healthy lifestyles. Each year group held a lessons on healthy eating, enabling students in upper KS2 to create an 'eat well plate', and to the learn importance of a balanced diet. This was meant to be coupled with regular activity awareness assemblies. These were due to commence with inviting parents into school to share awareness on healthy eating habits but these have been postponed until September 2021 due to COVID restrictions.

Engaging children in sport outside PE lessons was high priority this year, ensuring that EYFS, KS1 and KS2 had active break and lunchtimes were vital in the recovery from COVID. Due to COVID all year groups maintained strict bubbles, which meant intra year competitions were only allowed with children in the same class, which then eventually filtered out to key stages. This produced a higher engagement level in lunchtime sessions in KS2 as the table below shows. There has been an improvement in the amount of female involvement at lunchtime. Three out of the four year groups have shown overall improvement in participation.

2020-2021				
Year Group	Number in class	Lunchtime Involvement	Female percentage involved	Male percentage involved
3	28	26 (90%) +21%	13/14 (85%) + 17%	14/14 (100%) +7%
4	28	25 (89%)	12/14 (85%)	13/14 (92%)
5	30	29 (96%) +3%	13/13 (100%) +16%	16/17 (94%)
6	29	28 (96%) +3%	14/15 (93%)	14/14(100%) +8%

Premium funding has been utilised to provide each class with a COVID secure sports bag, which meant each class had equipment for a range of sport at break times and lunchtimes. A new addition was a table tennis table; this provided a new competition for the students to participate in, including fixtures and a league table. EYFS and KS1 were purchased a wide range of equipment to enable fun and creative playtimes. Equipment has been purchased throughout the year to maintain levels of stock in both EYFS play box and KS1.

Morning clubs	Afterschool clubs
Gymnastics Year 5 and 6	Mutli sports Year 3 and Year 4
Gymnastics Year 3 and year 4	Multi sports Year 5 and Year 6
RB Boccia and Kurling club	Football Club Year 3 and Year 4
Year 1 and Year 2 Wake up and Dance	Football Club Year 5 and Year 6
Dodgeball Year 3 and Year 4	Netball club Year 5 and Year 6
Dodgeball Year 5 and Year 6	Competition Thursday
Football Club Year 1 and Year 2	C4L club Year 1 and Year 2
Football Club Year 3 and Year 4	C4L club Year 3 and Year 4
Football Club Year 5 and Year 6	C4L club Year 5 and Year 6
Netball club Year 5 and Year 6	Reception sport stars
Fitness club Year 5 and Year 6	

Due to the affect that COVID had last year on our after school provision it was decided as soon as clubs could be offered again we would invest time and funding to ensure each year group and each child has access to clubs from Reception to our Resource Base. This included not only widening the

amount of clubs offered but also the time which the clubs could take place. This meant morning sport clubs took place for the first time. Once the confirmation was received for extracurricular provision a club has taken place every morning and after school, this has ran during the spring and summer term. Due to the circumstances surrounding Covid-19, we ensured that each bubble throughout the school received an afterschool club and a morning club. A morning gymnastics session in collaboration with Postive PE was provided for both bubbles in KS2 and a plan is in place for KS1 to have a club run by Postive PE in Autumn 2021. Above are the clubs, which were available to the children this year.

The daily mile has become an important part of the child's day throughout the school. Each Year group participated in the Daily Mile every week; the children really enjoyed completing the mile. There is a log set up in every class, which enables each year group to access and share how many times they complete the Daily Mile per week. Our Resource Base pupils have really enjoyed taking it on, and have completed it every day. Students have been choosing different ways they can complete the mile. This activity has shown to give students a more active start to their lessons and a more focused approach.

Continuous progress towards attaining the national standards for swimming has been achieved as seen in the table below. A new swimming curriculum is available alongside swimming lessons plans for Year 2 through to Year 6 including Resource Base, and is specific to each year group. These changes will help to raise the attainment in swimming to align with the national standards within 3 years, as specified in last year's target. CPD has been provided for all staff to cover swimming, and teachers have viewed a virtual swimming teacher training course. A massive effort has been made to ensure that swimming lessons for this year continued, as due to COVID restrictions these were halted the previous year, therefore to have another year without swimming lessons was something we ensured did not become a reality this year

Year 6 Swimming Analysis					
Total children	25 metres +	20 metres	15 Metres	10 Metres	5 Meters
29	16/29	17/29	25 /29	29/29	29/29

Year 6 meeting national curriculum requirements for swimming and water safety.	
What percentage of your current Year 6 cohort swim competently, confidently, and proficiently over a distance of at least 25 metres?	58 %
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]?	60 %

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	42%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Profile of PE and Sport is raised across the school as a tool for whole-school improvement

The profile of PE and sport is something, which has been endorsed by the Welsh House Farm Sports Crew in every class in KS1 and KS2, with Students taking on leadership roles in deciding how sport is organised at Welsh House Farm. Welsh House Farm Sport Crew meetings have been scheduled for every half term to discuss the current lunchtime and break time activities. Thirty students were chosen from KS2 and fifteen chosen for KS1. During the Covid-19 restriction period, the Sport Crew had to work differently, and have adapted brilliantly. In KS2, they have been officiating and running games in small groups. In KS1, they have been creating games for everyone to join in with, ensuring that all children are having a fun active lunchtime.

During summer term, ten students volunteered to run a fitness club. The club was inspired by the year 6 students to help and lead within clubs promoting a leadership role within the sport crew , unfortunately the club could not take place due to an injury sustained by the PE lead. An idea which will have to be rescheduled will be KS2 students volunteering at break and lunchtimes to help lead play in Reception and Nursery, as well as KS2 students volunteering in afterschool KS1 clubs. We believe this creates a pathway throughout the school of a positive sporting attitude and sporting knowledge.

Due to the inactivity of some students within the previous year, a real necessity this year was placed on ensuring that in all PE lessons students were active for 80% of the lesson. The students arrived at school in their PE kit to ensure all the lesson time was spent learning. The impact across the year has been clear to see with all students visible looking healthier. This was also achieved in other subjects. Throughout the school, the focus was to embed active movement into classroom lessons through active learning lessons such as Active maths and Active phonics, which was achieved.

Approaching this year, we placed a huge emphasis on active travel. During the pandemic, the children completed a survey. This was to understand their bike riding ability. From this, we set out a plan to invest in laying foundations to teach EYFS, KS1 and KS2 how to ride bicycles correctly so they could actively travel to school. We did this in many ways, for EYFS and KS1; we invested in teacher balanceability training and in the process of purchasing balance ability bikes for the coming year. For KS2 every child received Bike ability training to secure level 1 or level 2. We then invested in a bike shelter for the children passing level 2, therefore enabling them the opportunity to actively ride into school.

Active travel is encouraged throughout whole school. The travel to school scheme is embedded into the school day. Active travel has been encouraged throughout a range of different ways this year in

school. Living streets was one of these, a walking to school tracker, which encourages more students to walk to school. Active travel weeks and walking to school weeks have taken place. The process has begun to apply for a park and stride location around the school to ease the traffic congestion and encourage active travel.

The school has recently achieved Sport Birmingham Pathway to Podium gold award for showing a commitment to developing PE school sport and physical activity for improving pupil health and well-being. The school gaining a score of 94%. The school has been awarded the healthy school rating of gold for its commitment to healthy eating as a whole school approach. The school has received recognition from Sport Birmingham and school games officials for ongoing commitment and achievement in virtual school games and won a voucher to spend on equipment for being the most engaged school in Birmingham. Most recently, three of our children received vouchers due to the school being one of the most engaged schools in the national school week virtual programme.

Increased confidence, knowledge and skills of all staff in teaching PE and sport

Staff have been provided with professional development in a wide range of areas and resources for areas of PE, which were signalled by staff through questionnaires areas of improvement.

Staff CPD		
Autumn	Spring	Summer
Steve groves – CPD Non equipment games	Virtual Yoga	Swimming – Learning and teaching

Staff have received individual year group lesson plans in all areas of PE, including swimming. Staff have received a virtual CPD session with Steve Groves, a Sport Leader Specialist who has delivered two bespoke sessions to all members of staff, with CPD in Non-equipment games part 1 and 2. Staff have filled in a questionnaires and CPD throughout the year and training has been aligned to meet their answers. Face to face Swimming CPD which has been postponed this year will be rearranged for next year, the staff received virtual swimming CPD. CPD has been provided to help address staff motivation and relationship with PE. Virtual Yoga CPD has been provided for staff for their well-being and to teach the students outside of PE lessons.

To Increase staff confidence in delivering extracurricular clubs the PE Lead worked with staff to provide resources to encourage them to display their talent in their chosen sport or topic area. We had high staff engagement delivering extracurricular clubs. The PE Lead has worked closely with teachers that have participated in the training to help plan and team-teach a lesson, and to provide feedback on these lessons. The PE Lead works closely with every teacher and TA to increase knowledge and skills, this can range from team-teach lessons to sharing all lessons plans and resources across a variety of sports. To ensure dinner support staff have up-to-date training and resources available to deliver an active lunchtime the PE lead gave 1-1 training with each supervisor. Dinner staff also received resources provided by Steve Groves around non-equipment games; this was provided by a handout and training from the PE Lead. Application for the PE Quality Mark award has been forwarded and will take place in November 2021. This this has been delayed due to COVID. The PE Lead has been attended swimming, tennis and balance ability training this year.

The majority of the children are now working at the expected standard with a significant percentage exceeding the expected level. Alongside the overall improvement in the school's performances in Virtual school competitions; this indicates a significant improvement in the teaching and organisation of the PE curriculum. A large percentage of children in KS1 are achieving the level, expected for their age group. The table below illustrates the level of attainment for each child at the end of the academic year.

Year	Number in class	Emerging	Expecting	Exceeding
REC	30		23 (76%)	7 (24%)
1	28		22 (78%)	6 (22%)
2	30		23 (64%)	6 (37%)
3	28		23 (82%)	5 (18%)
4	28		23 (82%)	5 (18%)
5	30		26 (86%)	4 (24%)
6	29		21 (73%)	8 (27%)
RB (KS2)	13	1 (8%)	12 (92%)	-

Broader experience of a range of sports and activities offered to all pupils

Each year in PE lessons, we aim to broaden the range of activities each student can access. This year we have spent Sport Premium on providing equipment for new sports. These are Boccia, Kurling, Goal ball and Table Tennis. These are inclusive sports, which can be enjoyed by all and were highlighted to encourage a greater number of children to be involved with PE and Sport. The purchase of new sporting equipment was required to meet the government guidance regarding bubbles and the sharing of equipment meant an increase in the amount of equipment to enable safe PE lessons to continue, as well as safe break times. Each bubble and classes had specific equipment to play with and keep clean. This year we purchased a table tennis table, which is used at playtimes, with each bubble having their own bats and balls. Extra mats purchased for gymnastics therefore ensuring participants kept a safe distance.

In the summer term an organised trip to an Outdoor Adventure Activities Centre took place, this was to complete a skiing session and promote team building and social skills involving year 6 children. Our aim to Partner with other schools to run activities and clubs has been postponed due to COVID and will relaunch in Autumn 2021, one of our aims is to launch Harborne Netball league. This will be made up of two leagues. One league will be a competitive league, and the other will be a friendly league. The friendly league will be to encourage less active children and children who have low confidence to participate. Below you can see the visitors and experiences the children have had this year.

Sport	Company	Experiences	Year group
Athletics	Sport for Champions– Kristian Thomas	An Olympic Athlete virtually visited the school and delivered a virtual lesson and virtual assembly.	Whole school

Ballet	Royal Ballet	The Royal Ballet delivered a virtual lesson to Year 1 and Year 2.	KS1
Cricket	Warwickshire Cricket	Warwickshire delivered an assembly and a lesson to selected year groups.	EYFS, RB and KS1
Football	Amarri bell (Luton town Professional footballer)	The footballer spoke to all pupils and answered all questions.	Whole school
Football	West Bromwich Albion	West Bromwich Albion delivered a virtual football session.	KS2
Golf	Harborne Golf	Children visited the golf club and were taught by a golfing instructor.	Year 5 and Year 6
Girls Football	Harborne District Football	The Harborne district coach delivered a session to the girl's football team.	KS2
Gymnastics	Catherine Curran – Postive PE	Catherine delivered a morning gymnastics lesson for two terms.	KS2
Rock Climbing	Ackers	A select group of year 6 students went Skiing.	Year 6
One creation	Japanese fan Dance	One creation learnt the children Japanese fan dance.	RB and KS1
Tennis	The Priory	The Priory did 6 weeks of tennis coaching	Year 5
Tennis	Premier sport	Primer sport did 6 weeks tennis coaching	Reception
Squash	The Priory	The priory delivered a taster day of squash.	RB and KS2

Increased participation in competitive sport

This year due to the COVID restrictions, we have not been able to compete in school sport in our regular way; therefore, we have had to adopt a new way, a virtual way. During the early period of the Autumn term and whilst the children were at home we ensured that children had access to all school games virtually, provided by Birmingham SGOs. Each student received a login to access the platform at home and parents received a guide of how to complete the games and attach scores. When the children returned to school, we completed all the virtual challenges the SGOs presented the school with, both local and county challenges. During the year, the school picked up awards for commitment and engagement to the games and for having the highest percentage participation in the whole of Birmingham. Below you can see the virtual competitions, which we participated in.

County		SGO Area	
Infant	Junior	Infant	Junior
Skipping double bounce	Netball challenge	Bee Netball	Primary Dance
Skpping single bounce	Athletics – 5 strides	Rugby – Hoop kick	Hockey Cone Cluster
Skipping run	Athletics – Chest push	Rugby - Slalom	Bull in the ring
	Athletics – Sprint Shuffle	Rugby – Hoop pass	Football dribble
	Speed Skipping	Throw and catch relay	Targets
		Bean bag in hoop	
		Baton exchange	
RB- Panathlon challenges			
Loop basketball			
Direct hit			
Messi Football			
Flip it			
Virtual competitions			
West Bromwich football challenges			
Virtual Boccia			

We were hoping towards the end of the school year to be able to organise and host competitions within the local area and with local organisations. These competitions will be restarted at the earliest point as soon as the new school year begins. We have increased additional challenges for the G&T students both internally and externally. Ensured the pathways for gifted and talented students are always available. One of the ways we have done this is to provide transport for students to events and training sessions. We have made available equipment to all G&T students and created opportunities for extra training and practice. We have ensured that there are club-links in place to link the student with addition opportunities.

In conclusion, the school has a clear vision and development plan for PE at Welsh House Farm and that is to ensure the children grow and flourish within PE. The schools commitment, support and engagement of all staff and pupils are allowing the school to achieve this. The children have grown in confidence and have further developed their enjoyment of PE. As a school, we have placed the health and wellbeing of all children at heart of PE. The funding has allowed an extensive PE and Sport programme to be put in place at the school to engage all pupils. The profile of PE and Sport across the whole school has been raised, this is due to the increased confidence of staff teaching PE, and accessing a wide array of CPD to improve knowledge and skills. Despite the pandemic a wide-ranging range of sports and activities have been put in place for students to access. The funding has allowed the school to further build and grow the sporting ethos and inspire them to grow and flourish within all areas of PE and Sport.